



Food Safety and Nutrition Policy

This policy is in line with the strategy of the school and The Early Years Foundation Stage Nutrition Guidance April 2025. Our purpose at Bluebell Nursery is to enable every young person to flourish and positively contribute with confidence. This is achieved by ensuring that the school is a community of opportunity and excellence. We celebrate achievement and encourage all pupils to take ownership, contribute, expect high standards and make good things happen for themselves and everyone around them. Policies give the framework and procedural guidance to allow this to happen.

This policy should be read in conjunction with the Safeguarding and whole school First Aid Policies. This policy applies to the Nursery.

Langley Prep School recognise there is a need to treat all pupils, whatever their age, gender, disability, religion, ethnicity or sexual orientation with respect and dignity when intimate care is given. The child's welfare is of paramount importance and his/her experience of intimate and personal care should be a positive one. It is essential that every pupil is treated as an individual and that care is given gently and sensitively: no pupil should be attended to in a way that causes distress or pain.

Aim

Our setting is a suitable, clean, and safe place for children to be cared for, where they can grow and learn. We meet all statutory requirements for food safety and fulfil the criteria for meeting the relevant Early Years Foundation Stage Safeguarding and Welfare requirements.

Objectives

- We recognise that we have a corporate responsibility and duty of care for those who work in and receive a service from our provision, but individual employees and service users also have responsibility for ensuring their own safety as well as that of others. Risk assessment is the key means through which this is achieved.
- The Kitchen follows general hygiene and safety in food preparation areas.
- Staff who prepare food have food hygiene training.
- We provide nutritionally sound meals and snacks which promote health and reduce the risk of obesity and heart disease that may begin in childhood.
- We follow the main advice on dietary guidelines and the legal requirements for identifying food allergens when planning menus based on the four food groups:



- Proteins and meat alternatives
 - milk and dairy products fortified plant- based alternatives
 - Starchy Carbohydrates
 - fresh fruit and vegetables.
- Following dietary guidelines to promote health also means taking account of guidelines to reduce risk of disease caused by unhealthy eating.
 - Parents share information about their children's particular dietary needs with staff when they enrol their children and on an on-going basis with their key person. This information is shared with all staff who are involved in the care of the child.
 - Foods provided by the setting for children have any allergenic ingredients identified on the menus.
 - Care is taken to ensure that children with food allergies do not have contact with food products that they are allergic to.
 - Risk assessments are conducted for each individual child who has a food allergy or specific dietary requirement.

Legal references

The Early Years Foundation Stage Nutrition Guidance April 2025.

Regulation (EC) 852/2004 of the European Parliament and of the Council on the hygiene of foodstuffs.

Food Information Regulations 2014

The Childcare Act 2006

Further guidance

Safer Food Better Business for Caterers (Food Standards Agency) <https://www.food.gov.uk/business-guidance/safer-food-better-business-for-caterers>



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